

# PRIME FOR LIFE 12 HOUR Program Guidelines

## **PROGRAM**

Mountain Projects, Inc. Prevention Services provides PRIME For Life as an *evidence-based* alcohol and drug education program for early intervention. PRIME For Life is based on objective, documented research findings, not opinion, and is based on the Lifestyle Risk Reduction Model, the Trans-theoretical Model, and persuasion theory. We provide the course in 4 sessions of 3-hours each in a small group (12-15). Instructors use a variety of methods, including interactive presentation, video, journaling, and small group discussion.

# **ELIGIBILITY**

Anyone in need of a substance use early intervention education program may self-refer or be referred by any anyone.

If the referral is part of a deferred prosecution agreement, completion of the program may result in reduction or dismissal of a criminal charge. Please speak with your attorney or the Assistant District Attorney regarding eligibility.

#### COST

\$185.00 is due at registration.

### REGISTRATION

Individuals should register online by visiting www.mountainstrongwnc.org

Individuals without internet access may call 828 586-2345 ext. 8, for an appointment, to register in person.

-Fees must be paid at the time of registration. -Parental consent required for those under 18.

### ATTENDANCE POLICY

- -Failure to show up for the first class session on time will automatically result in forfeiting of all fees.
- -Notify Mountain Projects Prevention Staff, (828) 586-2345 ext.8, at least one hour prior to the start of class, if you are not able to attend a scheduled class session. Failure to do so will result in the <u>forfeiture of all fees</u>.
- -Once beginning class sessions, in the event you cannot attend a following class session, your absence will prevent you from completing the course sequence you started. If you notify us per above, your registration will be transferred to the next available course sequence containing an open seat and you may pick up where you left off, attending the class sessions you lack. You can only be rescheduled once. If you miss a second class session, all fees will be forfeited.
- -No refunds if class sessions are missed once a course sequence has begun.

#### COMPLETION

Individuals must attend all class sessions in sequence to receive a completion certificate.

Certificates are awarded for completing 12 hours of curriculum. The following behaviors will not be permitted:

-<u>Tardiness</u> or leaving early -Sleeping

-Use of electronic devices -Side conversations

-Disruptive behavior -Disrespect toward one another or staff

\*Individuals may not attend our courses while under the influence of substances. Attending class under the influence will trigger a recommendation to Vaya Health for a Substance Use Assessment.

# RESPONSIBILITY

All communication with your attorney or the Assistant District Attorney is the sole responsibility of the individual.

- -Registration Confirmation will serve as proof of registration
- -Certificate will serve as proof of course completion

### MORE INFORMATION

Click on the links or the brochure for this course on our website, or contact Mountain Projects, Prevention Services.

I hereby acknowledge these guidelines and promise to comply.

Print Name	Signature
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